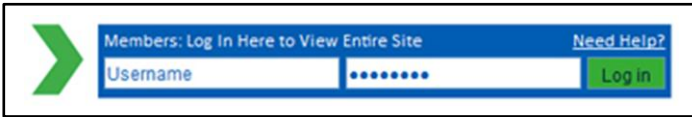


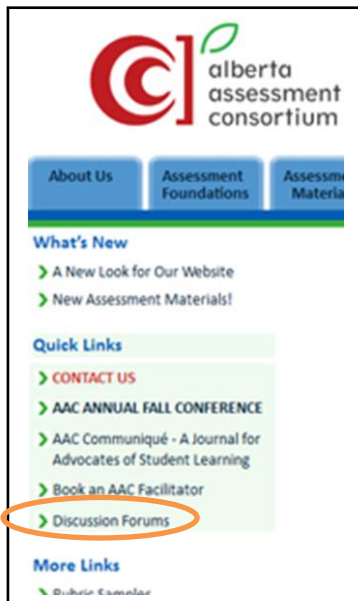
Log in at www.aac.ab.ca using your **Discussion Forums** username and password. This will allow you to access the 1:1 Discussion Forums.



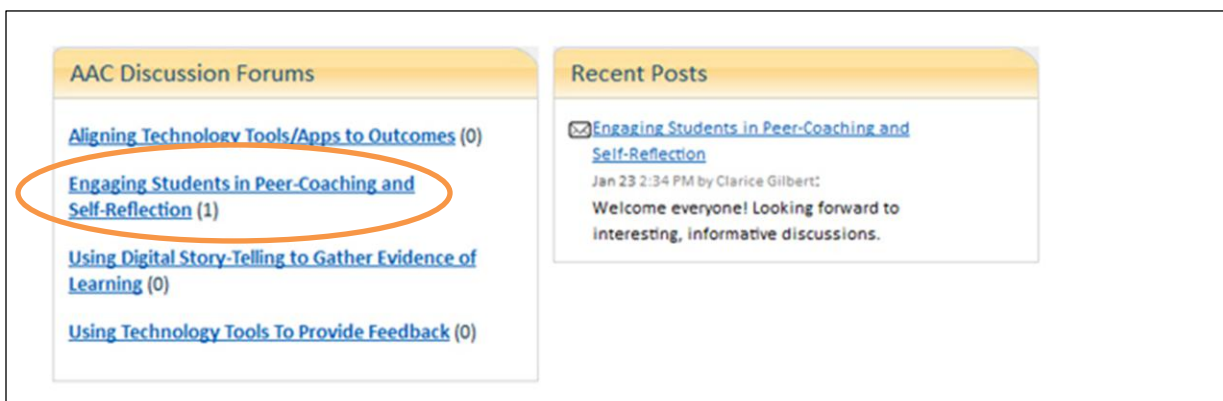
If you are logged in as a discussion forum user, and your jurisdiction is an AAC member, you will see your jurisdiction name. You can stay logged in as a member to view the entire AAC site. Note that you have the option of changing your password. Instructions are included on page 3 of this document.



To access the discussion forums, click the **Discussion Forums** link.



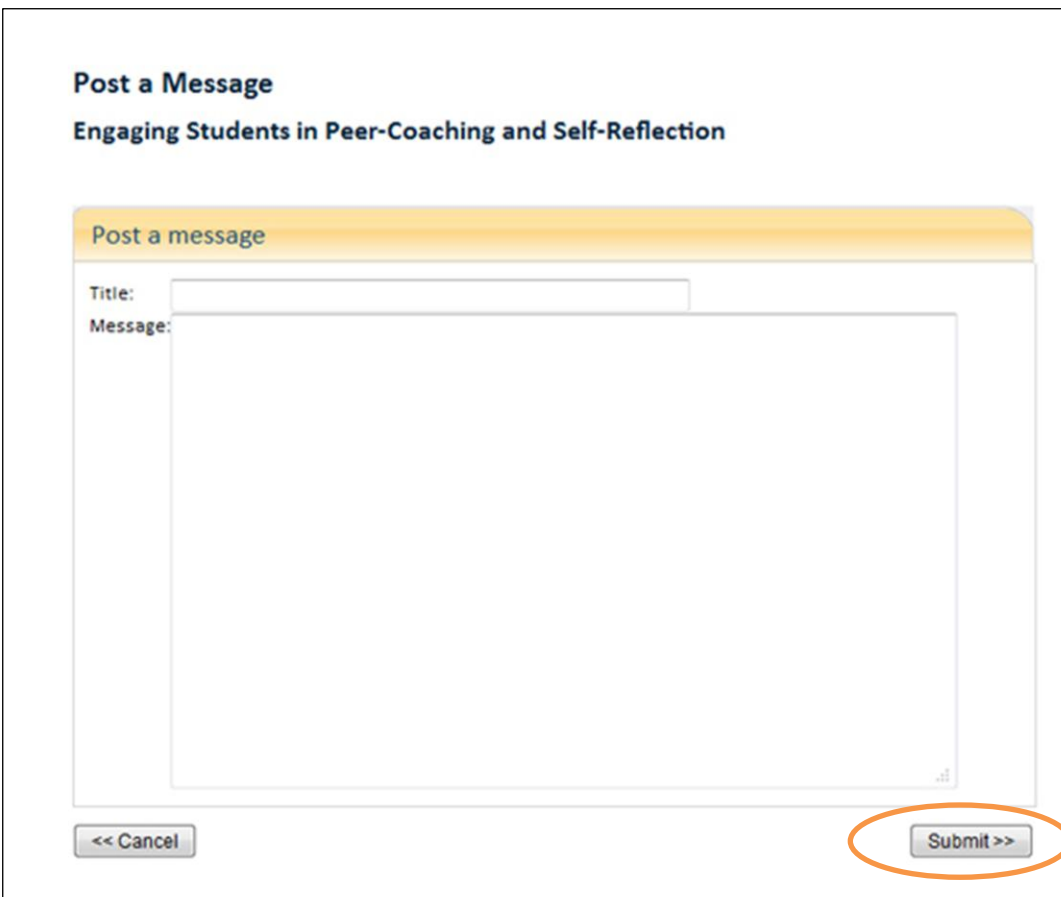
Click a forum name.



This screen shows the messages that have been posted to the message board.
To add your message, click **Post a message**.



Type your message and click **Submit**.

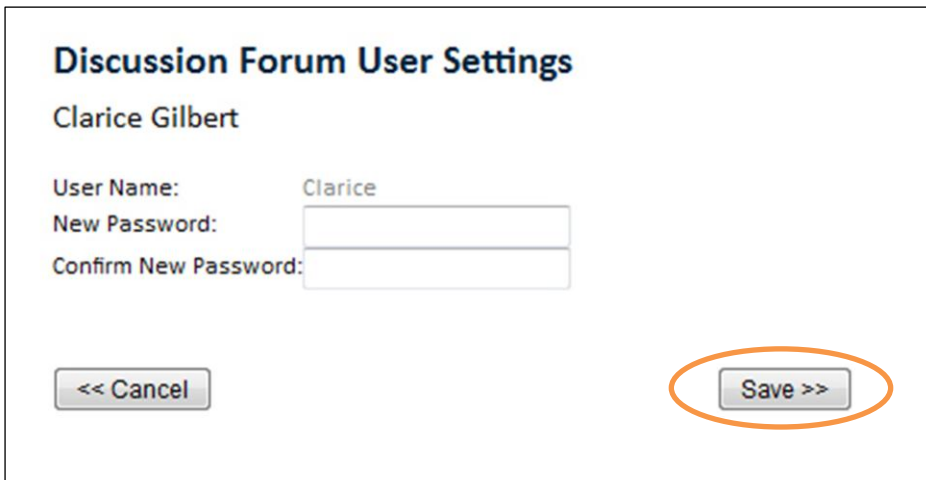


To change your Discussion Forum password:

Click **Change Password**.



Type your new password and click **Save**.

A screenshot of the "Discussion Forum User Settings" form for Clarice Gilbert. The form includes the following elements:

- Discussion Forum User Settings** (Section Header)
- Clarice Gilbert (User Name)
- User Name: Clarice (Text input field)
- New Password: (Text input field)
- Confirm New Password: (Text input field)
- << Cancel (Button)
- Save >> (Button, circled in orange)